People should be realistic rather than romantic in order to live a better life. Do you agree or disagree with the statement. Use specific reasons to support your answer.

When I was younger I would definitely have agreed with this ~~phase~~ phrase/statement but now I think ~~live~~ living a happy life depends on so many factors such as people's personality and experiences. I reckon ~~u~~ you should live your life in moderation, this is the key role of happiness.

Both types of people??? see the world from their own point of view. There is no rule about it and I think people shouldn't be made to act in a limited way because we live once and by being too realistic we ~~lost~~ lose the other sides of life. So being too realistic is not only beneficial but also destructive.

These days people behave logically in every part of their life against their will in order to live a successful life but it is not reason enough. having said that, being too romantic has ~~it is~~its own problems because realistic people accept everything and everyone as they are but romantic people usually struggle with their high expectations.

Actually there is a myth that considers women very romantic in contrast to men ~~which~~ who ~~is~~ are ~~so~~ extremely ~~unreal~~pragmatic/realistic. Based on experts' research~~es~~ being romantic or realistic in life stems from people's ~~up~~ upbringing not their gender and I believe that a ~~patriarchy~~ patriarchical society has made us believe that women are less logical than men to keep women away from power and important jobs and I believe no longer do people believe in ~~this~~ these patriarchical theories.

In conclusion, people should make their decisions by using their brain and heart together and paying attention to their situation because we are humans not robots.